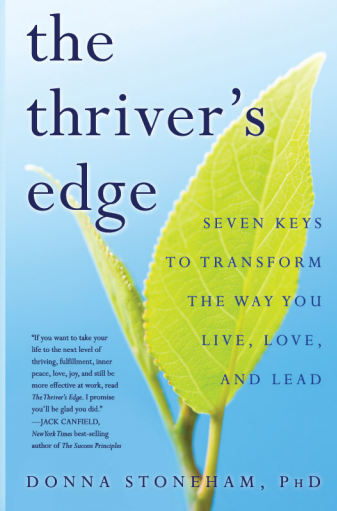




**Donna Stoneham, PhD**  
Executive Coach, Author & Speaker  
President, Positive Impact, LLC



[talkbusiness360.com/p-t/](http://talkbusiness360.com/p-t/)

"Donna, you were a total delight. I received great feedback from listeners who loved our chemistry."

— **Brian Greenberg, Greenberg News, WNBC, Philadelphia**

**Jack Canfield**

Interviews Donna:

[www.youtube.com/watch?v=hj1M\\_3OwLWY](http://www.youtube.com/watch?v=hj1M_3OwLWY)

Donna featured in  
**"Coaching"**

— a feature-length documentary  
[coachingmovie.com/coach/](http://coachingmovie.com/coach/)

Donna interviewed on



[cbsloc.al/1cAjaHe](http://cbsloc.al/1cAjaHe)

# In the largest economy in the world, why are nearly half of all Americans still not thriving?

What is the cost to our future when only 3 in 10 of us are engaged at work?

Interview **Dr. Donna Stoneham**, Author, Executive Coach, and Transformational Leadership Expert to discover how to unleash the *Power to Thrive™* in life and work

**When people don't thrive, potential is squandered, and that has huge implications for everything we do – from enjoying fulfilling lives to leading successful businesses and parenting healthy kids.**

The **economic impact** of employee disengagement costs up to **\$350 billion** a year. My dream is that through working together, we can reach 2 million people by 2020 and create a ripple effect of thriving that will help people flourish and live more fulfilling lives. It's a simple equation. One person learns to thrive, then pays it forward, until each of us becomes a stone that casts an ever-widening circle of thriving in our families, our communities, teams, and organizations.

## — Story Ideas that Help People Thrive —

- **Are You Trading Your Passion for a Paycheck? Proven Strategies to Align Who You Are with What You Do**
- **When Striving Trumps Thriving: 3 Ways to Stop the Spread of the Affluenza Virus**
- **More Afraid of Success than Failure? Shift Your Thinking from NARO to BOLD and Get Engaged with Life!**
- **Take the Thriver's Quiz: Find Out Where You Land**
- **Presence is the Present: How 1/3 of Parents Who Don't Spend Enough Time with Their Kids Can Make It Better**
- **The Power of Authenticity: Reclaim What You Lost on Your Climb Up the Corporate Ladder**
- **Mad on Mondays? How to Cultivate Mindfulness for a Meaningful Life**
- **Change Your Billboard Top 40: 5 Tips for Quieting Your Inner Critic**
- **Be Careful Which Bus You Get On: 3 Ways to Avoid the Tragedy of Overwork**
- **Are You Passive or Proactive? 4 Questions to Help You Be the Driver Instead of the Passenger in Your Life and Career**

**Donna Stoneham, PhD**, is a master executive coach, author, transformational leadership expert, speaker, and popular media guest who lives in the San Francisco Bay Area. For the past 25 years, she's guided hundreds of Fortune 1000 and not-for-profit leaders, teams, and organizations to unleash their power to thrive™ in work and life.

Learn more about Donna's work and her 2X20 Thriver Movement at  
**[www.DonnaStoneham.com](http://www.DonnaStoneham.com)** and **[www.PositiveImpactLLC.com](http://www.PositiveImpactLLC.com)**

Contact: [donna@donnastoneham.com](mailto:donna@donnastoneham.com) • 510-541-0546 (cell) • 510-235-7107 (office)



# The Thriver's Edge

## Seven Keys to Transform the Way You Live, Love and Lead

by Donna Stoneham, PhD

“If you want to take your life to the next level of thriving, fulfillment, inner peace, love, joy, and still be more effective at work, read *The Thriver's Edge*. I promise you'll be glad you did.”

— Jack Canfield, New York Times bestselling author of *The Success Principles™: How to Get from Where You Are to Where You Want to Be*

“All too often, we let the busy-ness of every day take over the meaning of our lives. This book will change that. After reading *The Thriver's Edge*, you'll have renewed enthusiasm and purpose for all that you do!”

— Marshall Goldsmith, PhD, author of the New York Times bestseller, *What Got You Here Won't Get You There*

“In a world dominated by fear-based approaches to success, *The Thriver's Edge* offers an inspiring and life-affirming alternative. Donna Stoneham writes with the wisdom of one who has guided many people in manifesting their inner gifts.”

— Tara Brach, PhD, author of *Radical Acceptance and True Refuge*

“If you need to do some soul searching to find out how you can live with passion and on purpose, this book will serve as a warm hand on your back. It guides you gently toward the realization of all you can make possible.”

— Dawna Markova, PhD, author of *I Will Not Die an Unlived Life*, and *Collaborative Intelligence: Thinking Effectively with People Who Think Differently*

“Donna Stoneham has masterfully distilled years of life experience and professional expertise into seven practices essential to thriving. Her suggestions for developing the seven keys are practical and doable, and her sage advice steadily guide readers in their quest to step into a bigger life, express their deepest potential, and become their greatest selves.”

— Linda Graham, MFT, author of *Bouncing Back: Rewiring Your Brain for Maximum Resilience and Well-Being*

“*The Thriver's Edge* is living proof that we can achieve success in the corporate world without sacrificing our personal integrity or starving our soul. In this wise and wonderful book, Donna Stoneham takes us by the hand and shows us how we too can bridge the worlds of business and spirituality.”

— Jalaja Bonheim, PhD, author of *The Sacred Ego: Making Peace with Ourselves and Our World*

“*The Thriver's Edge* poses a powerful question: Consider for a moment how our world would be transformed if we supported one another to become the magnificent beings we are designed to be. This book consistently shows us how to do that in ways that support us to thrive, not just survive, which is something the world needs more than ever.”

— Niki Barr, PhD, author of *Getting Off the Emotional Roller Coaster of Cancer*