



Catch Me When I Fall

Poems of Mother Loss and Healing

Donna Stoneham

A healing balm for anyone recovering from loss, *Catch MeWhen I Fall* reveals how our grief journeys can be a transformative healing force. Through conversations between mother and daughter that take place in this moving collection of poems and letters, we are provided with the opportunity to explore a beautiful notion: as long as we keep our hearts open to the mystery and power of transcendent, eternal love, we can heal and continue our most pivotal relationships — even after death.

“Stoneham’s poignant poems and prose can offer hope and challenge for anyone living with and trying to process grief at the loss of a loved one.” — **The U.S. Review of Books**

“Catch Me When I Fall...shows how even in the most difficult of times, love finds a way to pierce the darkness and bring joy into our lives. This is not just a collection for poetry lovers, but a book for anyone who has suffered the loss of a loved one.”

— **Reader’ Favorite 5-Star Review**

“Donna Stoneham is our guide to the landscapes and the inscapes of grief, loss, and the quickening of the human heart. Through this potent telling, she mentors and helps us renew and recover the connection with the love and spirit that never dies.” — **Jean Houston, PhD**, best-selling author of *The Possible Human*, *The Search for the Beloved*, and *A Passion for the Possible*

“*Catch MeWhen I Fall* is a balm for the grieving heart, a reminder that love never leaves—it just shifts dimensions.”

— **Julie Barton**, New York Times best-selling author of *Dog Medicine: How My Dog Saved Me From Myself*

“*Catch MeWhen I Fall* is a safety net in our moments of loss. It may be just what we need in our inevitable times of falling. Gorgeously written, this book brings a poignant beauty to the healing process of grieving.” — **Sean W. Murphy**, 2018 National Endowment for the Arts Fellow in Creative Writing and author of *The Time of New Weather*

“The power of words. The power of deep and binding connections. I urge you to pick up this book and let it restore your heart.”

— **Amy Ferris**, author of *Mighty Gorgeous: a Little Book About Messy Love* and *Marrying George Clooney: Confessions from a Midlife Crisis*.



Donna Stoneham is an executive coach, team facilitator, and former hospice chaplain who lives with her wife and rescue dogs in Northern California. Donna’s new poetic memoir, *Catch MeWhen I Fall*, is a love song to her mother, and of the gifts of wisdom she’s shared with Donna, following her death. Donna’s previous book, *The Thriver’s Edge: Seven Keys to Transform the Way You Live, Love, and Lead* was a USA Best Book Awards, a National Indie Excellence Book Awards, and an International Book Awards finalist. Her work has been featured in Wall St. Journal, Woman’s Day, Buzz Feed, The Huffington Post, and on TV and radio.

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